



PE Curriculum

Our PE curriculum fosters a sense of achievement for all through wide ranging inclusive opportunities. We want our children to develop their wellbeing and relationships through teamwork, their resilience and risk taking through wide-ranging sports and to be tolerant, respectful citizens. Our aim is for our children to develop good sportsmanship and lead healthy, active lives. It is underpinned by participation in both team games and competitive sporting events.

Our PE curriculum is enriched through additional PE provided as Enrichment which incorporates team and competitive sport on a weekly basis for all children.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Spatial awareness and multiskills		Gymnastics		Team sports and skills	
Year 1	Tag Rugby Football	Dance Tennis	Gymnastics Basketball	Volleyball May Day Dance	Golf Dodgeball	Athletics Rounders
Year 2	Tag Rugby Hockey	Dance Tennis	Gymnastics Basketball	Volleyball May Day Dance	Golf Dodgeball	Athletics Cricket
Year 3	Tag Rugby Hockey	Dance Tennis	Gymnastics Basketball	Volleyball May Day Dance	Golf Dodgeball	Athletics Rounders
Year 4	Handball Hockey	Dance Tennis	Gymnastics Netball	Volleyball May Day Dance	Golf Dodgeball	Athletics Cricket
Year 5	Handball Hockey	Dance Tennis	Gymnastics Netball	Volleyball May Day Dance	Golf Dodgeball	Athletics Orienteering
Year 6	Handball Hockey	Dance Tennis	Gymnastics Netball	Volleyball May Day Dance	Golf Dodgeball	Athletics Orienteering

*The second sport in each half-term is additional and should be covered after the skills have been learned from the first sport.

*Year 5 & 6 will have swimming lessons until they complete the course instead of one PE session

*Year 5 & 6 will have Bikeability road safety instead of one PE session