

East Bierley PE Long Term Overview 2017 – 2018



	Autumn 1 (6 weeks)	Autumn 2 (8 weeks)	Spring 1 (6 weeks)	Spring 2 (5 weeks)	Summer 1 (6 weeks)	Summer 2 (7 weeks)
Reception	Movement skills	Fundamental skills	Gymnastics	Dance	Team games	Sport's Day skills
Year 1	New Age Kurling ABC GAMES (Agility Balance Co-ordination)	Sports Hall athletics ABC GAMES	Tri-golf Tennis / Raquet skills	Key steps Gymnastics Dance	Games – invasion ball skills Multi-skills / ABC	Quad kids athletics Sport's Day skills
Year 2 Fundamentals / Multi-skills.	New Age Kurling ABC GAMES (Agility Balance Co-ordination)	Sports Hall athletics ABC GAMES	Tri-golf Tennis / Raquet skills	Key steps Gymnastics Dance	Games – invasion ball skills Multi-skills /ABC	Quad kids athletics Sport's Day skills
Year 3	New Age Kurling Football Team games / key steps gym	Sports hall athletics Invasion skills e.g Basketball, Netball.	Hockey I & Tri-golf Net games skills e.g. Tennis, Badminton	Key steps Gymnastics Dance	Cricket & Tag Rugby Cricket & Tag Rugby	Quad Kids Striking and fielding e.g Rounders, Cricket

	SWIMMING	SWIMMING	SWIMMING	SWIMMING	SWIMMING	SWIMMING
Year 4	Invasion skills e.g Football, Netball, Hockey	Key steps Gymnastics	Hockey & Tri-golf	Dance	Cricket & Tag Rugby	Quad kids Athletics / sports hall skills
Year 5	New Age Kurling Football Team games / key steps gym	Sports hall athletics Invasion skills e.g Basketball, Netball.	Hockey I & Tri-golf Net games skills e.g. Tennis, Badminton	Key steps Gymnastics Dance	Cricket & Tag Rugby Cricket & Tag Rugby	Quad kids Athletics / sports hall skills Games - Striking and fielding e.g Rounders
Year 6	New Age Kurling Football Team games / key steps gym	Sports hall athletics Invasion skills e.g Basketball, Netball.	Hockey I & Tri-golf Net games skills e.g. Tennis, Badminton	Key steps Gymnastics Dance	Cricket & Tag Rugby Cricket & Tag Rugby	Quad kids Athletics / sports hall skills Games - Striking and fielding e.g Rounders.